



Administrative Procedure 2060

Nutrition

Board Governance Policy Cross Reference: [1](#), [12](#), [13](#), [14](#)

Administrative Procedures Cross Reference:

Form Cross Reference:

Legal/Regulatory Reference:

[Moving Forward with School Nutrition Guidelines](#)

[The Public Schools Amendment Act \(Nutrition Equality for Lasting Learning Outcomes\)](#)

Date Adopted: December 2007

Amended: October 2019; January 2026

Good nutrition is important for optimal health, growth, development and learning. The Brandon School Division has a responsibility to foster, promote and support healthy living by demonstrating positive leadership in nutrition.

Purpose:

For the Division to:

- ensure that a nutrition program provided without charge is implemented at each school in the Division. Regard must be had for the following principles:
 - **Access:** A nutrition program for students should be accessible without barriers, shame or stigma.
 - **Accommodation:** A nutrition program should accommodate students with food allergies or religious or cultural dietary restrictions.
 - **Equality:** A nutrition program should be provided to all students regardless of their socio-economic background or perceived need.
 - **Local:** A nutrition program should be tailored to the community in which the school is located and, when possible, use food that is locally sourced.
 - **Quality:** A nutrition program should follow government nutrition guidelines.
- ensure that a written policy is prepared by each school respecting the provision of a nutrition program;

- encourage nutritious foods first for classrooms, vending machines, milk programs, cafeteria/canteen, staff room, fundraisers, school community functions (field trips, recreation activities and/or school performances);
- encourage consistent nutritional messages in the schools;
- apply Moving Forward with School Nutrition Guidelines and acknowledge the importance that food choices have on long term health; and
- clarify that this Administrative Procedure does not apply to lunches and snacks that students or staff bring from home for their own consumption.

Procedures:

A school nutrition program that provides healthy meals and/or snacks to students, without charge, every school day, will be implemented in each school and will:

- include a daily snack program in all schools and may also include breakfast and/or lunch programs;
- adhere to principles (access, accommodation, equality, local, quality);
- follow the Moving Forward with School Nutrition Guidelines.

The principal of each school will:

- develop the school's nutrition policy and ensure it is publicly available, reviewed at least once in each year with the school's parent council and included as part of the school's annual school plan;
- provide information about the nutrition program to students, parents and guardians at the beginning of each school year;
- ensure food and beverage choices at all school events adhere to the Moving Forward with School Nutrition Guidelines;
- ensure beverage vending machines offer milk and milk products (e.g. low fat yogurt drink), nutritionally equivalent milk alternatives, 100% juice and water and other bottled beverages as outlined in the Moving Forward with School Nutrition Guidelines;
- ensure that deep fryers used to prepare foods will only use high stability oil that is non-hydrogenated for deep fat frying;
- encourage water consumption by allowing water in the classroom;
- encourage food-related fundraisers to be directed at nutritious, healthy choices. No school is to use chocolate bars, chocolate covered products, or candy in its fundraising activities.

- ensure food and candy shall not be used as rewards to students. Candy will only be allowed for distribution in classrooms during Halloween, Valentine's Day, Easter, Christmas and other cultural festivities.