
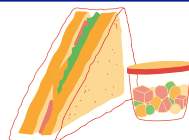


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH Bear Clan 1:30pm – 3:00pm Downtown Mobile (no set location)	BREAKFAST Women's Resource Centre 9:30am – Noon Women & children only	TO-GO BAGS Women's Resource Centre 9:30am – Noon Women & children only	BREAKFAST Women's Resource Centre 9:30am – Noon Women & children only	TO-GO BAGS Women's Resource Centre 9:30am – Noon Women & children only	BREAKFAST Women's Resource Centre 9:30am – Noon Women & children only	LUNCH 7th Street HAC Sandwiches 11:30am – 1:00pm
LUNCH Love in the City Ministries 1:00–3:00pm	BREAKFAST Men's Resource Centre 9:00–10:00 am Program Participants	LUNCH Helping Hands 11:30am – 1:00pm	BREAKFAST Men's Resource Centre 9:00–10:00 am Program Participants	LUNCH Helping Hands 11:30am – 1:00pm	BREAKFAST Men's Resource Centre 9:00–10:00 am Program Participants	DINNER Salvation Army Princess Park 4:30pm
LUNCH 7th Street HAC Sandwiches 11:30am – 1:00pm	LUNCH Helping Hands 11:30am–1:00pm	HAMPERS Samaritan House Monthly Hamper (or Weekly Kit for unhoused population) Register in person only Mon–Fri 10:00am–3:00pm Tues evening 4:00pm–5:30pm	LUNCH Helping Hands 11:30am – 1:00pm	GROCERIES Food Rescue Grocery Store Wed & Thurs 12:00–6:00pm Fri 1:00–6:00pm Sat 10:00–4:00pm Closed Sun–Tues	LUNCH Helping Hands 11:30am – 1pm	LUNCH GFC Church (at Love in the City) 12:00–1:30pm Feb 28, Mar 14 & 28, April 11 & 25
Ask Auntie Coffee Lounge Mon–Fri 9:00 am –11:00 am 4:30 pm–7:00 pm Sat–Sun 11:00 am –7:00 pm	COFFEE BFC Drop-In Mon–Fri 8:30am–4:30pm 		HAMPERS St. Augustine's Church Monthly on Wed 1:30pm –3:00pm Drop in basis. East door. 204-727-4728 Salvation Army Monthly on Wed. Call Tues to book 204-727-4334	LIGHT MEAL Bear Clan – Mobile Thurs. & Fri. 7:00pm – 9:00pm	LIGHT MEAL Bear Clan – Mobile Thurs. & Fri. 7:00pm – 9:00pm 	PHONE APPS FOR DISCOUNTED GROCERIES Flashfood (Superstore) Food Hero (Safeway/Sobeys)

Contact Information:

Brandon Bear Clan: 603 Princess Ave 431-720-2327
 Brandon Friendship Centre (BFC): 603 Princess Ave 204-727-1407
 Ask Auntie (new location): 24-6th St 204-901-4049
 Food Rescue Grocery Store: Town Centre parkade 204-727-1696
 Helping Hands Soup Kitchen: 111 7th Street 204-727-4635
 Love in the City Ministries: 302 8th Street 204-717-7744

Samaritan House: 820 Pacific Avenue 204-726-0758
 The Women's Resource Centre: 1233 Rosser Ave 204-726-8632
 Salvation Army: 9 Princess Avenue East 204-727-4334
 (Food Truck location – Princess Park)
 St. Augustine's Church: 327 4th Street 204-727-4728
 7th Street Health Access Centre: 20 – 7th Street 204-578-4800

**Find the most
up-to-date
Brandon Food
Calendar**

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