

## Player Conduct Contract

It is important that everyone understands the goals, boundaries, and expected conduct for players on a team. A "contract" helps us communicate this.

The goal is to help develop young athletes by providing an environment where they will practice the values of sportsmanship, teamwork, commitment, and hard work. Therefore, the following guidelines are how we will act as **players and students**:

- I will listen to and respect coaches and teammates.
- I will respect my teacher and keep up with schoolwork.
- Act as a good representative of Valleyview **on and off the court**.
- I will give my best effort at every practice, regardless of the task.
- I will have sportsmanship as my #1 priority in all games and practices.
- I will respect referees, opposing players and coaches.
- If I have an unsportsmanlike event, I will listen to feedback and acknowledge behavior.
- If I have an unsportsmanlike event that is the result of a poor interaction with an official, **it will result in sitting the rest of the game**.
- I will encourage my teammates in a positive way, regardless of circumstances.
- I will do my best to attend all practices, acknowledging that consistently missing practice will result in **less playing time or sitting out games**.

If these rules cannot be followed, we will follow the below 3 strike system.

- First offence, **you will miss a practice**.
- Second offence, **you will miss a game**.
- Third offence, **you will not be allowed to participate in basketball**.

*Stacy Deerton*

If you have any questions about these guidelines, please don't hesitate to send me an email

Thanks,

Stuart Durston  
durston.stuart@bsd.ca  
Valleyview School

By signing, I agree to abide by the above player conduct guidelines.

Player Name: \_\_\_\_\_

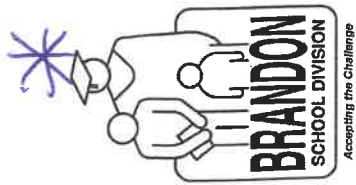
Parent/Guardian: \_\_\_\_\_

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_



\* Practice - 3:40-5:00 pm  
 Games - 4:00-5:15 pm  
 ↳ Game day practices  
 12:15-12:45pm

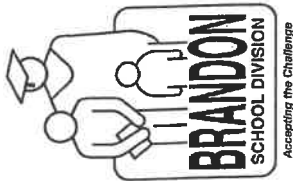
\* Provide own transportation to and from games

7/8 Girls Basketball  
 Schedule

# JANUARY 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		School Days: 19		1 Winter Break All Schools Closed	2 Winter Break All Schools Closed	3
4	5 Classes Resume Day 6	6 Day 1	7 Day 2	8 Day 3	9 Day 4	10
11	12 Day 5	13 Day 6	14 Practice 3:40-5:00 Day 1	15 Day 2	16 Day 3	17
18	19 Practice 3:40-5:00 Day 4	20 Day 5	21 Practice 3:40-5:00 Day 6	22 Day 1	23 Day 2	24
25	26 Away @ Waverley Park Day 3	27 Day 4	28 Away @ J.R.R. Day 5	29 Day 6	30 Administrative / Professional Development Day (K-12)	31





# MARCH 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Away @ Harrison</i>	3 Day 3	4 <i>Girls Jamboree Location: Day 4 TBD</i>	5 Day 5	6 Day 6	7
8	9 Day 1	10 Day 2	11 Day 3	12 Day 4	13 Parent Teacher Conferences (K-8) P.D. Day (9-12)	14
15	16 Day 5	17 Day 6	18 Day 1	19 Day 2	20 Day 3	21
22	23 Day 4	24 Day 5	25 Day 6	26 Day 1	27 Last Day Before Spring Break Day 2	28
29	30 Spring Break All Schools Closed	31 Spring Break All Schools Closed		School Days: 19		