

CAREER DEVELOPMENT 30S & 40S



- **Grade 11:** Career Development: Life/Work Building
- **Grade 12:** Career Development: Life/Work Transitioning

Overview:

Welcome to Career Development 30S & 40S! In this class, you will complete lessons, group work, writing, research, and other methods of learning to develop responsibility, independence, and your future careers. We will examine multiple theories, perspectives, and critical questions that will build upon our 5 units.

Course Structure & Units:

Both Grade 11 and Grade 12 career development courses follow a similar modular structure, featuring **five key units & features:**

1. **Personal Management** - Self-Image, Skills, & Critical Thinking
2. **Career Exploration** - Research, Interest, & Theories
3. **Learning and Planning** - Goal setting, graduation requirements, *life long learning strategies (Book/Readings)*
4. **Job Seeking and Job Maintenance** - Resumes, jobs search platforms & secure/sustain employment, interviews, & workplace norms
5. **Career and Community Experiences** - workplace shadowing, volunteering, or community-based projects

These units provide a scaffolded framework guiding students from self-awareness and career research to planning, job readiness, and real-world experience. Grade 11's are building a skills set and information about careers and Grade 12's are being prepared to transition into grade 12 graduation and beyond. This course prepares you for life and work.

Key Skills & Goals:

Enhance **self-awareness**: identifying strengths, interests, values, and transferable skills

Develop **career decision-making** and **planning** skills

Explore career paths in light of **local and global trends**

Research necessary **education/training pathways**

Build **financial literacy** and critical thinking regarding career choices

Foster **resilience**, adaptability, employability, workplace safety, and active citizenship

Summary Table:

Grade	Course Title	Units Included
11	Career Development: Life/Work Building	1. Personal Management 2. Career Exploration 3. Learning & Planning 4. Job Seeking & Maintenance 5. Career & Community Experiences
12	Career Development: Life/Work Transitioning	Same five units , with deeper focus on transitioning and resilience

How does Career Development help YOU?

- **Self-awareness & goal setting**: identifying strengths and values
 - **Career research & informed decision-making**: understanding pathways and trends
 - **Work readiness**: job search, communication, safety, adaptability
 - **Real-world application**: community or career-related experiences build confidence and transition skills
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Assignments & Activities:

- Education & Financial goals
- Job experience
- Online surveys
- Quizzes
- Reflections
- Career Research
- Multiple perspectives (Circle of Courage...)
- Theories (Covey's 7 Habits...)
- Resume building
- Community outreach
- Projects
- Case Studies
- Readings & a Book
- **Building Portfolios***



Class work & Participation: 90%

Field work (online & in person) 10%



The weight of assignments comes substantially from the work completed during class time. In a career development class it is important to ensure that we have enough field experience to gain real life experience about different careers and multiple perspectives. Your participation will help you make real life connections and help you transition into your careers.

Resources:

School
Counsellors
& more:



Your mental health is important. If you are ever in search of resources or to speak to someone I have provided some resources here. If you require further resources or assistance, feel free to reach out! All facets of your health matter, and you matter!

Classroom Expectations:	School policies:
<ul style="list-style-type: none"> - Due dates & Assignments Extensions* - Attendance is important! - Absences: Must be reported ASAP *make sure that you complete any missing assignments - Respect - Yourself & Others + The school environment! - Get caught up - if you are missing, it is your job to catch up on classroom content and work. This will be posted on Teams, be available as paper copies, and if further information is necessary - make time to catch up with me! <p>Provincial: Cell phone guidelines*</p> <ul style="list-style-type: none"> - <i>Must be kept in a designated area on silent</i> - <i>Educational purposes when directed by the teacher</i> 	<ul style="list-style-type: none"> - Respect & Guidelines - Hats & Attire (shirts,bags*,headphones) - Hall passes - Doors (entrances) east & west, locks - Scent free - Procedures (lock down*, stay in place, hold & secure, fire drill...) - AI is plagiarism & a violation of the Crocus Plains academic dishonesty policy - Hallways & designated spare areas <p>Check TEAMS & PowerSchool (students & parents)*</p> <div data-bbox="812 1234 1386 1312">   </div> <p>Grades, attendance, assignments, documents...</p> <p>CONTACT: Email: rae.victoria@bsd.ca Send me a TEAMS message Crocus Plains Phone: 1 (204) 729-3900</p>